

INFORMED CONSENT FOR TREATMENT GROWTH HORMONE RELEASING HORMONES/PEPTIDES (SECRETAGOGUES)

I am seeking the medical services of Steven Wiener, MD and New Results Medical Weight Loss and their employees. I am executing this consent to confirm my discussion with Dr. Wiener, and/or his “proxies” and my understanding of the risks, benefits, and alternatives to treatment with GHRH and/or Secretagogues, or IBUTAMOREN/IPAMORELIN/SERMORELIN/SARCOTROPIN IPA (circle one).

The goal and possible benefits of this therapy are to try and prevent, reduce, or control the dysfunction associated with the aging process, through hormonal balancing, or control of oxidative stress, and other clinically significant therapeutic agents. However, I understand that this treatment may be viewed by the mainstream medical community as new, controversial, and “unnecessary” by the Food and Drug Administration (FDA). One exception to this is Sarcotropin IPA, which is an FDA approved medical food.

Benefits and General Information

Ibutamoren is classified as a non-peptide growth hormone secretagogue and mimics the growth stimulating action of ghrelin. Ipamorelin is a selective ghrelin secretagogue which also encourages endogenous growth hormone release. Sermorelin is a Growth Hormone Releasing Hormone (GHRH). Sarcotropin IPA is a combination of Ipamorelin and Pramorelin (GHRH) and other synergistic ingredients specifically formulated to oppose deficiencies that occur as a result of aging (decreases in muscle mass, increases in body fat, declining growth hormone levels, etc).

Risks

The following are examples of some of the possible specific risks/adverse reactions reported for therapy that may be prescribed for me. At physiological blood levels, **there are NOT expected to be any significant risks/adverse reactions** if full medical disclosure is achieved from the patient during the total time of therapy.

By signing this form, I understand the possible risks associated with this treatment. Adverse reactions may include injection site redness, transient high blood sugar, and water retention. These side effects are dose related and usually eliminated by adjusting the dosage. **These drugs should not be used in patients with known cancer.**

I understand that New Results Medical Weight Loss will monitor my treatment in an effort to prevent any side effects but cannot guarantee I will not experience any side effects or adverse reactions. I understand that, as with any health treatment, there is no guarantee I will obtain satisfactory results using this therapy. I understand the use of this treatment does not preclude me from using other treatments as well, though I recognize that I should inform any practitioners I am seeing about the various treatments I am using.

I certify that I have read the foregoing Informed consent, discussed the issues noted above, had opportunities to ask questions, and agree and accept all of the terms above.

PATIENT NAME [PRINTED]: _____

PATIENT SIGNATURE: _____

DATE: _____